6th Grade Social Studies Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Mr. West

**Egypt Daily Life, Continued**

**Beer and Bread**

**\_\_\_\_\_\_** was the most popular beverage, and **\_\_\_\_\_\_\_\_**was the staple food in the Egyptian diet. The beer was made with **\_\_\_\_\_\_\_** The barley was left to dry, and then baked into loaves of bread. The baked barley loaves were then broken into pieces and mixed with the dried grain in a large jug of water and left to **\_\_\_\_\_\_\_\_\_\_**. Wine was a drink that was produced by the Egyptians, however, it was usually found only at the tables of the **\_\_\_\_\_\_\_\_**. To make the bread, women ground wheat into flour. The flour was then pounded by men to make a fine grain. Sesame seeds, honey, fruit, butter, and herbs were often added to the dough to help **\_\_\_\_\_\_\_\_** the bread.

**Bathing and Cosmetics**

Cleansing rituals were very important to the Egyptians. Most people bathed daily in the **\_\_\_\_\_\_** or out of a water basin at home. The wealthy had a separate room in their home to bathe. Servants would pour jugs of water over their master (the equivalent of a modern day shower). The runoff water drained away through a pipe that led to the **\_\_\_\_\_\_\_\_**. Instead of washing with soap, a cleansing cream was used. This cream was made from oil, \_\_\_\_\_\_ and perfume.

**Perfume for Everyone**

People rubbed themselves daily with **\_\_\_\_\_\_\_\_\_\_\_\_\_\_**. Perfume was made from flowers and scented wood mixed with oil or fat, and was left in a pot until the oil had **\_\_\_\_\_\_\_\_\_\_\_\_\_** the scent. The perfumed oil was used to prevent the skin from **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** in the harsh climate. At parties, servants put cones of perfumed **\_\_\_\_\_\_\_\_\_\_\_** on the heads of the guests. As the grease melted, it ran down their face with a pleasing cooling effect.

**Makeup: Not Just for Women**

Men, women and children of **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** wore makeup. Mirrors of highly polished silver or copper were used to aid with the application of makeup. Eye paint was made from green **\_\_\_\_\_\_\_\_\_**, and **\_\_\_\_\_\_\_\_\_\_\_** -- a gray lead ore. They were ground into a powder and mixed with oil to make eye color called **\_\_\_\_\_\_\_\_\_\_**. The Kohl was kept in jars and applied to the eyes with a small stick. The upper and lower eyelids were painted with the black cosmetic that extended in a line out to the sides of the face. It was believed the makeup had magical and even **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**. Some even believed that wearing it would restore poor eyesight. It was also used to fight eye infections and reduce the **\_\_\_\_\_\_\_\_\_** of the sun.

**Hair and Wigs**

Hair styles were similar to that of today’s. The common folk wore their hair **\_\_\_\_\_\_\_\_\_\_\_\_**. Young girls usually kept their hair in pigtails while wealthy boys had shaved heads, except for one **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** worn to one side. Wigs were worn by both men and women. The wigs were made of sheep's **\_\_\_\_\_\_\_\_\_\_** or human hair for decoration and for \_\_\_\_\_\_\_\_\_\_\_ from the heat. Wigs were usually worn at **\_\_\_\_\_\_\_\_\_** and official functions. Hair pieces were also added to real hair to enhance it. When not in use, wigs were stored in special boxes on a stand inside the home.

**Jewelry**

Everyone in Egypt wore some type of jewelry. Rings and **\_\_\_\_\_\_\_\_\_\_\_\_** were especially worn to ward off the evil spirits and injury. Both men and women wore pierced earrings, armlets, **\_\_\_\_\_\_\_\_\_\_\_**, and anklets. The rich wore jeweled or beaded collars, called a **\_\_\_\_\_\_\_\_\_\_\_\_**, necklaces, and pendants. For the rich, jewelry was made of gold, silver, or electrum (gold mixed with silver) and inlaid with semi-precious stones of turquoise, lapis lazuli (a deep blue stone), and carnelian (a copper or reddish orange stone). The poorer people wore jewelry that was made of copper or **\_\_\_\_\_\_\_\_\_\_\_**(made by heating powdered quartz).